January 2009

- TO: All Kaiser Bargaining Unit Actives and Retired Participants Residing on the Big Island of Hawaii, Maui and Kauai and enrolled in the Indemnity Prescription Drug Plan AFL Hotel and Restaurant Workers Health and Welfare Trust Fund
- FROM: Board of Trustees

SUBJECT: INDEMNITY PRESCRIPTION DRUG PLAN CHANGES

The following are important changes to the Indemnity Prescription Drug Plan. <u>PLEASE BE SURE TO READ THIS INFORMATION CAREFULLY</u>. By using the programs as described below, you may limit

your out-of-pocket costs for prescription drugs.

Effective February 1, 2009, the Indemnity Prescription Drug plan benefits will change as follows:

- For Long Term (Maintenance) Prescriptions (medications for chronic conditions such as diabetes, high cholesterol, high blood pressure; those taken for more than <u>15 days</u>), you may obtain your prescriptions through the Central Fill Program which is available at designated Longs Drugs pharmacies on the Big Island of Hawaii, Maui and Kauai. (*Please refer to attached listing of designated Longs Drugs pharmacies on your Island*)
- <u>For Short Term (Acute) Prescriptions</u> (drugs such as antibiotics or those <u>taken for</u> <u>up to 15 days</u>), you may obtain your prescriptions through any Catalyst Rx participating pharmacy under the Point-of-Service (POS) Program. (*Please refer to the attached listing of participating Point of Service pharmacies on your Island*)

****LONG TERM PRESCRIPTIONS****

Central Fill Program

The Central Fill Program has been designed to provide up to a 60-day supply of your long term (maintenance) prescriptions. Under the Central Fill Program, you may fill your prescriptions at any designated Longs Drugs pharmacy on your island by following the steps below:

Step 1: Obtain a prescription from your doctor.

- Step 2: Go to a designated Longs Drugs pharmacy and present your HMA/Catalyst Rx identification card.
- Step 3: If this is the <u>first time</u> that you are taking this drug or dosage of the drug, the pharmacy will fill your prescription for an initial (first time) fill of 15 days at the following copayments:

	15-Day Supply <u>(Initial Fill)</u>
Generic Drugs, Insulin & Supplies	\$ 6.00
Brand Name Drugs	\$18.00

If your doctor continues your prescription for this drug and dosage, you may obtain a <u>Refill</u> for a 60-day supply.

Step 4: Call the Longs Drugs pharmacy at least three (3) days before your prescription supply runs out and request a refill at the following copayments:

	60-Day Supply <u>(Refill)</u>
Generic Drugs, Insulin & Supplies	\$ 9.00
Brand Name Drugs	\$28.00

Central Fill Program services are <u>only available at the</u> <u>designated Longs Drugs pharmacies on the attached listing for the Big Island of</u> <u>Hawaii, Maui and Kauai</u> and not at any other Longs Drugs store locations.

SHORT-TERM PRESCRIPTIONS

Point of Service (POS) Program

Under the Point of Service (POS) Program, you may obtain your short-term prescriptions for up to a 15-day supply from any Catalyst Rx participating POS pharmacy on your island at the following copayments:

	15-Day Supply Limit
Generic Drugs, Insulin & Supplies	\$ 6.00
Brand Name Drugs	\$18.00

<u>Prescriptions will no longer be available for a 21-day supply under the POS</u> <u>program</u>, however, for prepackaged prescription drugs that can only be dispensed in "unbreakable" packages (e.g. creams, ointments, certain inhalers), the days supply limit shall be equivalent to the package size days supply, not to exceed a 30 days supply, at the applicable 15-day supply copayment.

For prescriptions requiring more than a 15-day supply, please use the Central Fill Program described above.

Direct Reimbursement and Mail Order Programs

There is no change to the Direct Reimbursement Program or the Mail Order Program through Walgreen's. Please refer to your Summary Plan Description on pages 62 - 64 (Hotel Bargaining Unit) and pages 75 and 77 (Kaiser Bargaining Unit) for detailed coverage information on these prescription drug programs.

Should you have any questions on the above prescription drug changes or would like a list of participating pharmacies, please contact Catalyst Rx at 1 (888) 869-4600.

For all other questions or inquiries, you may contact the Trust Fund office toll free at 1 (866) 772-8989.

AFL HOTEL & RESTAURANT WORKERS HEALTH AND WELFARE TRUST FUND

LONG-TERM (MAINTENANCE) PRESCRIPTIONS

CENTRAL FILL PHARMACIES (LONGS DRUGS)

(Big Island of Hawaii, Maui and Kauai)

BIG ISLAND OF HAWAII (Central Fill Pharmacies)

Longs Drugs Hilo 555 Kilauea Avenue Hilo, Hawaii 96720 (808) 935-9075

Longs Drugs-Pahala 96-1115 Kamani Street, #36 Pahala, Hawaii 96777 (808) 928-6252

Longs Drugs (formerly Village Pharmacy) 65-1267 Kawaihae Road Kamuela, Hawaii 96743 (808) 885-4418 Longs Drugs-Kona 75-5595 Palani Road Kailua-Kona, Hawaii 96740 (808) 329-1632

Longs Drugs 111 E. Puainako Street Hilo, Hawaii 96720 (808) 959-4508

Puna Pharmacy 15-2660 Keaau Pahoa Road, #205 Pahoa, Hawaii 96778 (808) 965-0601 Longs Drugs-Keaau 16-586 Old Volcano Road Keaau, Hawaii 96749 (808) 982- 8600

Longs Drugs 670 Ponohawai Street Hilo, Hawaii 96720 (808) 933-8555

Longs Drugs 82 Puunohu Place, Suite 103 Kamuela, Hawaii 96743 (808) 961-9267

MAUI (Central Fill Pharmacies)

Longs Drugs-Kahului 70 E Kaahumanu Avenue Kahului, Hawaii 96732 (808) 877-0068

Longs Drugs-Lipoa 41 E. Lipoa Street, SPC 23A Kihei, Hawaii 96753 (808) 879-8499 Longs Drugs-Lahaina 1221 Honoapiilani Highway Lahaina, Hawaii 96761 (808) 667-4309

Longs Drugs-Wailuku 1900 Main Street, #4 Wailuku, Hawaii 96793 (808) 244-9099 Longs Drugs-Kihei 1215 S. Kihei Road Kihei, Hawaii 96753 (808) 879-2033

KAUAI (Central Fill Pharmacies)

Longs Drugs-Lihue 3-2600 Kaumualii Highway, #1 Lihue, Hawaii 96766 (808) 245-8871 Longs Drugs-Kapaa 4-831 Kuhio Highway, Ste 500 Kapaa, Hawaii 96746 (808) 822-4918 Longs Drugs-Eleele 4469 Waialo Road, Suite C5 Eleele, Hawaii 96705 (808) 335-0700

REMINDER:

The Central Fill Program is only available at the designated Longs Drugs pharmacies listed above and not at any other Longs Drugs pharmacies. AFL HOTEL & RESTAURANT WORKERS HEALTH AND WELFARE TRUST FUND

SHORT-TERM (ACUTE) PRESCRIPTIONS

POINT-OF-SERVICE PHARMACIES

(Big Island of Hawaii, Maui and Kauai)

BIG ISLAND OF HAWAII (Point of Service Pharmacies)

KTA Puainako Pharmacy 50 East Puainako Street Hilo, Hawaii 96720 (808) 959-9111

Longs Drugs 555 Kilauea Avenue Hilo, Hawaii 96720 (808) 935-9075

Longs Drugs 670 Ponohawai Street Hilo, Hawaii 96720 (808) 933-8555

Longs Drugs 111 East Puainako Street Hilo, Hawaii 96720 (808) 959-4508

Safeway Pharmacy 111 East Puainako Street Hilo, Hawaii 96720 (808) 959-2000

Shiigi Drug Company 333 Kilauea Avenue Hilo, Hawaii 96720 (808) 935-0001

Longs Drugs-Pahala 96-1115 Kamani Street, #36 Pahala, Hawaii 96777 (808) 928-6252 Ululani Pharmacy 868 Ululani Street Hilo, Hawaii 96720 (808) 934-9400

Costco Pharmacy 73-5600 Maiau Street Kailua-Kona, Hawaii 96740 (808) 331-4808

KTA Keauhou Pharmacy 78-6831 Alii Drive Kailua-Kona, Hawaii 96740 (808) 322-2511

Longs Drugs 75-5595 Palani Road Kailua-Kona, Hawaii 96740 (808) 329-1632

KTA Kamuela Pharmacy 65-1158 Mamalahoa Kamuela, Hawaii 96743 **(808) 885-0033**

Longs Drugs (formerly Village Pharmacy) 65-1267 Kawaihae Road Kamuela, Hawaii 96743 (808) 885-4418

Longs Drugs 82 Puunohu Place, Suite 103 Kamuela, Hawaii 96743 (808) 961-9267 Kamehameha Pharmacy 54-3877 Akoni Pule Highway Kapaau, Hawaii 96755 (808) 889-6161

Longs Drugs 16-586 Old Volcano Road Keaau, Hawaii 96749 (808) 982-8600

Oshima Drug 79-7400 Mamalahoa Highway Kealakekua, Hawaii 96750 (808) 322-3313

Kmart Pharmacy 74-5465 Kamakaeha Avenue Kailua-Kona, Hawaii 96740 (808) 331-4808

Pahoa Rx Pharmacy 1 Government Road Pahoa, Hawaii 96778 (808) 965-7535

Puna Pharmacy 15-2660 Keaau Pahoa Rd., #205 Pahoa, Hawaii 96778 (808) 965-0601

Wal Mart Pharmacy 75-1015 Henry Street Kailua-Kona, Hawaii 96740 (808)334-0552

POINT-OF-SERVICE PHARMACIES

(Big Island, Maui and Kauai)

(continued)

MAUI (Point of Service Pharmacies)

Costco Pharmacy 540 Haleakala Highway Kahului, Hawaii 96732 (808) 871-8755

K-Mart Pharmacy 424 Dairy Road Kahului, Hawaii 96732 (808) 871-5677

Longs Drugs 70 E Kaahumanu Avenue Kahului, Hawaii 96732 (808) 877-0068

Longs Drugs 1900 Main Street #4 Wailuku, Hawaii 96793 (808) 244-9099 Safeway Pharmacy 170 E Kamehameha Avenue Kahului, Hawaii 96732 (808) 877-0068

Safeway Pharmacy 277 Piikea Avenue Kihei, Hawaii 96753 (808) 891-9130

Longs Drugs 1215 S. Kihei Road Kihei, Hawaii 96753 (808) 879-2033 **Star Market Pharmacy** 1310 S. Kihei Road Kihei, Hawaii 96753 **(808) 875-4695**

Longs Drugs 1221 Honoapiilani Highway Lahaina, Hawaii 96761 (808) 667-4390

Longs Drugs 41 E Lipoa Street Kihei, Hawaii 96753 (808) 879-8499

KAUAI (Point of Service Pharmacies

Longs Drugs 4469 Waialo Road Eleele, HI 96705 (808) 335-0700

Westside Pharmacy 1-3845 Kaumualii Hwy Hanapepe, HI 96716 (808) 335-5342

Kalaheo Pharmacy 4489 Papalina Road Kalaheo, Hi 96741 (808) 332-7660

Papalina Pharmacy 4469 Papalina Road Kalaheo, HI 96741 (808) 332-9130 **Safeway Pharmacy** 4831 Kuhio Hwy Kapaa, HI 96746 (808) 822-2191

Costco Pharmacy 4300 Nuhou Street Lihue, HI 96766 (808) 241-4009

Ho'ola Lahui Hawaii Pharmacy 3501 Rice Street Suite 209 Lihue, HI 96766 (808) 240-0200

Longs Drugs 4-831 Kuhio Highway, #500 Kapaa, HI 96746 (808) 822-4918 Lifeway Pharmacy-Lihue 3-3295 Kuhio Hwy Lihue, HI 96766 (808) 245-2471

Lihue Pharmacy, Inc. 4484 Pahee Street Lihue, HI 96766 (808) 246-9100

Longs Drugs 3-2600 Kaumualii Hwy 2000 Lihue, HI 96766 (808) 245-8871

For an updated listing of participating Point-of-Service pharmacies, please contact Catalyst Rx at 1 (888) 869-4600.